

Additional Services available at Sleaford Children's Centre
If you would like any further information on the Services available at the Children's Centre, please ask a member of staff.

Sleaford Children's Centre is part of North Kesteven South Children's Centres which also include:
Billinghay: 01526 869248 and Caythorpe: 01400 279285

Skills Development Service: Works with parents who want to make positive changes for themselves and their families. The service offers encouragement and practical support with trying new things and getting more involved, often leading to Learning, Training, Volunteering and Employment.

Quiet Time: Opportunities are available for families to use the Children's Centre resources on a small group or 1:1 basis. Please call the Centre to find out more.

Keepsakes: The opportunity for families to make a variety of 'keepsake' items with their children and to get to know the Children's Centre team and what we can offer. Please speak to a member of staff to find out more.

ESCO Service: A scheme to co-ordinate the care for children and young people from birth to 18 years, who have complex health needs, sensory needs and/or disabilities.

Our Health Services

Health Visitor Clinic: There are many different health professionals within the Centre, delivering services such as midwifery and health visiting clinics. A health visitor clinic includes 6-8 week, 8-12 months and 2-2.5 year's assessments as well as 3-4 month contact.

Breast Start Group: Come and join us in a relaxed, friendly environment, chat and meet other breastfeeding mums and get some support and advice. A member of the health visiting team supports the group along with a parent volunteer. Pregnant ladies also welcome.

Top Tips for Babies: Join the family health worker for discussions on subjects like when to introduce solids, healthy eating, oral health, accident prevention, immunisation, how to access support and more.

To book please contact the Health Visiting Team on 01522 843 000.

Sleaford Children's Centre WHAT'S ON GUIDE



Timetable

6th September onwards

Sleaford Children's Centre
Money's Mill Complex
Carre Street
Sleaford NG34 7TW
Telephone: 01529 306888
E-mail: SleafordCC@lincolnshire.gov.uk

Opening Times
Mon-Thurs: 8.30-17.00
Friday: 8.30-16.30



Like us on Facebook to stay in touch 
North Kesteven Children's Centre's South

For all up to date information please go to our web pages at:
<https://www.lincolnshire.gov.uk/childcare-and-family-support/find-a-childrens-centre/>



Booking for groups is essential for Learning Together and Baby Massage, these are groups where the commitment of attending weekly for a set of weeks is required.

These groups are shown as **booking required** on the timetable.

Other groups where families can attend without prior booking will not have extra information and therefore you are welcome to arrive on time for the start of the session.

Sleaford Children's Centre Timetable (Free Family Activities)

Tel: 01529 306888 Email: SleafordCC@lincolnshire.gov.uk

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
<p>Health Visitor Assessment Clinic *Appointment only call: 01522 843000* Midwife Clinic *Appointment only call 01476 464334 / 07919 626600*</p>	<p>Health Visitor Assessment Clinic *Appointment only call: 01522 843000* Midwife Clinic *Appointment only call 01476 464334 / 07919 626600*</p>	<p>Health Visitor Assessment Clinic *Appointment only call: 01522 843000* Midwife Clinic *Appointment only call 01476 464334 / 07919 626600*</p>	<p>Health Visitor Assessment Clinic *Appointment only call: 01522 843000* Midwife Clinic *Appointment only call 01476 464334 / 07919 626600*</p>	<p>Health Visitor Assessment Clinic *Appointment only call: 01522 843000* Midwife Clinic *Appointment only call 01476 464334 / 07919 626600*</p>
<p>9:30am – 10:30am Quiet Time (Invite only) Quiet Time opportunities are available for families to access the Children's Centre on 1:1 basis, with the support of an Early Years Educator</p>	<p>10:15am – 10:45am Virtual Skills Development Service – How Can We Help? To register Click Here</p> <p>10:30am – 11:00am Virtual Chat and Chill Volunteer-led Group (Term Time Only) Delivered by Parent Volunteers To register Click Here</p>	<p>10:00am – 11:00am Outdoor Let's Get Active (For children 0 - 5 years) This is a fun active session offering a variety of activities to support children's physical development and promote a healthy life style. During the session a variety of fun learning opportunities will be offered to support the development of children's gross motor skills, co-ordination and teach them that being active is fun.</p>	<p>Roald Dahl Story Day! & Kids Take Over The Kitchen Day Monday 13th Sept Breast Cancer Awareness 2021 1st-31st October National Read A Book Day 2021- Thursday 9th Sept The World's Biggest Coffee Morning Fri 24th Sept</p>	<p>10:00am – 11:00am Learning Together Babies (Babies to confident movers) 6 week programme This session aims to support developing babies to grow and learn. Activities will encourage babies to reach their unique developmental milestones, following their interests and curiosities sleafordcc@lincolnshire.gov.uk to book</p>
<p>1:30pm – 2:30pm Stay and Play under 1's (Not yet walking) This session aims to support developing babies to grow and learn. Activities will encourage babies to reach their unique developmental milestones, following their interests and curiosities</p>	<p>10:00am – 11:00 am Learning Together Toddler (Confident walkers) 6 week programme This session aims to support developing babies to grow and learn. Activities will encourage babies to reach their unique developmental milestones, following their interests and curiosities sleafordcc@lincolnshire.gov.uk to book</p>	<p>1:00 – 2:30pm Breastfeeding Support Group You do not need to book onto a Breastfeeding Session and can just attend on the day/time. Please make sure you are familiar with building safety guidance</p>	<p>1:30pm – 2:30pm Keepsakes (0 – 1 years Invite only) This group will offer an opportunity for families to make a variety of 'keepsake' items with their children, combined with an opportunity to get to know the Children's Centre team and learn more about what the Children's Centre can offer.</p>	<p>Fun Fact Did you know a Koala's favourite Eucalyptus leaves are Manna Gum leaves!!</p>
<p>2.00pm – 2.30pm Virtual The Early Days North/South Kesteven – Delivered by the NK/SK team (For babies born during Covid-19) To register Click here</p>	<p>1:30pm – 2:30pm Learning Together Babies (Babies to confident movers) 6 week programme This session aims to support developing babies to grow and learn. Activities will encourage babies to reach their unique developmental milestones, following their interests and curiosities sleafordcc@lincolnshire.gov.uk to book</p>	<p>1:30pm – 2:30pm Virtual 'Preparation for Parenting' Sessions run fortnightly To start your registration process for our Zoom sessions, please click email: beststart@evalliance.org.uk</p> <p>10:00am - 11:00am Opening Doors to Employment This four-week employability course is for parents who are ready to look for a job but could do with a helping hand. By the end of the course, you will have an up-to-date CV, know how and where to effectively job search and feel confident about communicating your skills and experience during interviews To find out more email beststart@evalliance.org.uk</p>		<p>***NEW*** @ Sleaford Children's Centre 3 – 4 months Top Tips Face to face delivery 1:00pm – 2:00pm Friday 1st October Friday 29th October Join the family health worker for discussions on subjects like when to introduce solids, healthy eating, oral health, accident prevention, immunisation sleafordcc@lincolnshire.gov.uk to book</p>



Please note that the use of mobile phones and cameras are **NOT** permitted in the centre. Thank you