

Additional Services available at Sleaford Children's Centre

If you would like any further information on the Services available at the Children's Centre, please ask a member of staff.

Sleaford Children's Centre is part of North Kesteven South Children's Centres which also include:

Billingham: 01526 869248 and Caythorpe: 01400 279285

Skills Development Service: Works with parents who want to make positive changes for themselves and their families. The service offers encouragement and practical support with trying new things and getting more involved, often leading to Learning, Training, Volunteering and Employment.

Quiet Time: Opportunities are available for families to use the Children's Centre resources on a small group or 1:1 basis. Please call the Centre to find out more.

Keepsakes: The opportunity for families to make a variety of 'keepsake' items with their children and to get to know the Children's Centre team and what we can offer. Please speak to a member of staff to find out more.

ESCO Service: A scheme to co-ordinate the care for children and young people from birth to 18 years, who have complex health needs, sensory needs and/or disabilities.

Learning Together: This drop in session provides a variety of activities for children to explore, supporting children's changing needs and interests. As well as encouraging children's independence, confidence and social skills.

Our Health Services

Health Visitor Clinic: There are many different health professionals within the Centre, delivering services such as midwifery and health visiting clinics. A health visitor clinic includes 6-8 week, 8-12 months and 2-2.5 year's assessments as well as 3-4 month contact.

Breastfeeding Support Group: Come and join us in a relaxed, friendly environment, chat and meet other breastfeeding mums and get some support and advice. A member of the health visiting team supports the group along with a parent volunteer. Pregnant ladies also welcome. Opportunity to self-weigh for breastfeeding mums.

Top Tips for Babies: Join the family health worker for discussions on subjects like when to introduce solids, healthy eating, oral health, accident prevention, immunisation, how to access support and more. Please call the Centre to book a place.

Heckington Children's Centre WHAT'S ON GUIDE



Timetable 6th September onwards

Heckington Children's Centre
St. Andrew's C of E Primary School
Howell Road
Heckington
NG34 9RX

Telephone: 01529 306888

E-mail:

SleafordCC@lincolnshire.gov.uk

Opening Times
Mon-Fri: 9.00-15.00

Term Time Only



Like us on Facebook to stay in touch 
North Kesteven Children's Centre's South

For all up to date information please go to our web pages at:

<https://www.lincolnshire.gov.uk/childcare-and-family-support/find-a-childrens-centre/>








Lincolnshire
COUNTY COUNCIL
Working for a better future

Heckington Children's Centre Timetable (Free Family Activities)

Tel: 01529 306888 Email: SleafordCC@lincolnshire.gov.uk

Term Time Only

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
<p>Booking for groups is essential for Learning Together and Baby Massage, these are groups where the commitment of attending weekly for a set of weeks is required. These groups are shown as booking required on the timetable.</p> <p>Other groups where families can attend without prior booking will not have extra information and therefore you are welcome to arrive on time for the start of the session.</p>	<p>10:00am – 11:00am Stay and Play under 1's (Not yet walking) This session aims to support developing babies to grow and learn. Activities will encourage babies to reach their unique developmental milestones, following their interests and curiosities</p>	<p>1:30pm – 2:30pm Virtual 'Preparation for Parenting' Sessions run fortnightly To start your registration process for our Zoom sessions, please email: beststart@eyalliance.org.uk</p>	<p style="text-align: center;">National Read A Book Day 2021- Thursday 9th Sept</p>	<p style="text-align: center;">10:15am – 10:45am Virtual - The Early Days (For babies born during Covid-19) To register Click here Delivered by the NKSK Team</p>
	<p>10:15am – 10:45am Virtual Skills Development Service – How Can We Help? To register Click Here</p>	<p>1:45pm – 2:45pm Learning Through Play (0 – 5 years) This session provides a variety of activities for children to explore supporting children's changing needs and interests, the session offers an opportunity for parents, carers and children to discover and explore a wide range of play activities together, encouraging children's independence, confidence and social skills.</p>	<p style="text-align: center; color: red;">Please be aware that Virtual Delivery may be offered, when face to face sessions will not be available, due to staff/centres adhering to Covid restrictions.</p>	<p style="text-align: center; color: orange;">The World's Biggest Coffee Morning Fri 24th Sept</p> <div style="text-align: center;">  </div>
<p style="text-align: center; color: purple;">Breast Cancer Awareness 2021 1st - 31st October</p> <div style="text-align: center;">  </div> <p style="text-align: center; color: blue;">Roald Dahl Story Day! & Kids Take Over The Kitchen Day Monday 13th Sept</p>	<p>10:30am – 11:00am Virtual Chat and Chill Volunteer-led Group (Term Time Only) Delivered by Parent Volunteers To register Click Here</p>	<p>10:00am – 11:0am Virtual Opening Doors to Employment Description: This four-week employability course is for parents who are ready to look for a job but could do with a helping hand. By the end of the course, you will have an up-to-date CV, know how and where to effectively job search and feel confident about communicating your skills and experience during interviews. To find out more email beststart@eyalliance.org.uk</p>	<div style="text-align: center;">  </div>	<p style="text-align: center;">12:30pm – 1:30pm Virtual GROW Your Own Confidence 4-week Course Please email beststart@eyalliance.org.uk to find out more or when the next course begins</p>
<p>2:00pm – 2:30pm Virtual - The Early Days (For babies born during Covid-19) To register Click here Delivered by the NKSK Team</p>	<p style="text-align: center; color: orange;">Fun Fact Did you know a Koala's favourite Eucalyptus leaves are Manna Gum leaves!!</p> <div style="text-align: center;">  </div>	<p style="text-align: center;">1:00 – 2:30pm Breastfeeding Support Group @ SleafordCC</p> <p style="text-align: center;">You do not need to book onto a Breastfeeding Session and can just attend on the day/time. Please make sure you are familiar with building safety guidance</p>	<p style="text-align: center; color: orange;">Fun Fact Did you know Snails can actually sleep up to three years!!</p> <div style="text-align: center;">  </div>	<p style="text-align: center; color: black;">***NEW*** @ Sleaford Children's Centre 3 – 4 months Top Tips Face to face delivery 1:00pm – 2:00pm Friday 1st October Friday 29th October Join the family health worker for discussions on subjects like when to introduce solids, healthy eating, oral health, accident prevention, immunisation sleafordcc@lincolnshire.gov.uk to book</p>



All our activities are FREE and no booking is required unless stated otherwise
 Please note that the use of mobile phones and cameras are **NOT** permitted in the centre. Thank you